



PLUMAS RURAL SERVICES

Serving People, Strengthening Families, Building Communities

Parent Education Classes



**Fun-filled, informative,
interactive classes
to learn and practice
positive parenting
techniques**

LEARN HOW TO...

- Develop better habits, use positive discipline, and be more effective
- Meet your child’s needs for proper health, safety and nutrition
- Recognize and avoid abusive behaviors
- Create achievable goals and objectives in your parenting style

Child care is available with advance notice.

<p>CHESTER April 14 – May 26 Wed, 6 - 8 pm ABC Resource Center 258-4280 Debbi Britton</p>	<p>GREENVILLE April 15 – May 27 Thurs, 4 - 6 pm Indian Valley Civic Center 283-3611 ext 18 Leslie Wall</p>
<p>PORTOLA April 14 – May 26 Wed, 6 - 8 pm Portola Resource Center 283-3611 Martin Rosen, MFT</p>	<p>QUINCY April 14 – May 26 Wed, 6 - 8 pm PRS, 586 Jackson St. 283-3611 Rhonda Hardy</p>

**Please call before April 12 to reserve your spot!
530-283-3611 or 1-800-284-3340**